



the RITUAL  
CAFE | BAR | COMMUNITY

# WINTER SPECIALS

## entrée

### Big Xmas Cauli Energy (V) • 18

*pan-seared cauliflower steak, spiced carrot puree,  
tomato salsa, curry leaves, pomegranate*

### Very Demure Lamb Steak • 28

*lamb rump, cauliflower puree, winged beans salad, sambal vinaigrette*

### APT Chicken • 24

*68c sous vide chicken breast, beurre blanc sauce,  
fried kale served with mash*

## dessert

### No Cap, This Pudding's Lit (V) • 15

*bread pudding, banana skin caramel, brûlée banana,  
vanilla gelato, almond flakes*

## drinks

### Iced Cocoa Orange • 9

*fine original cocoa with just a hint of sublime, naturally  
extracted Sicilian orange oil imported from Australia*

### Gingerbread Milk Tea • 8

*assam black tea, gingerbread, creamer  
Iced +1*

[www.theritual.co](http://www.theritual.co)

# the ritual begins...

menu.

## deli.

Available all day.

**Baked Curry Chicken Mango Sandwich** 19  
*Curry-marinated boneless chicken leg, honey mango, lettuce, mayo, toasted sourdough*

## healthy bowls.

Available all day.

**Ritual Acai Bowl (VG)(GF)** 17  
*Acai, mixed berries, banana, soy milk, granola, coconut flakes*

**Muesli Granola Bowl (V)** 14  
*Muesli, granola, milk, bananas, berries, yoghurt, chia seeds*

## breakfast.

Available till 3pm

**The Ritual Big Breakfast (V)(GF)** 25  
*Sourdough, eggs-of-your-choice, housemade bacon, lamb or pork sausage, tomato relish*

### Make it Vegetarian or Plant-Based!

*Sourdough, eggs-of-your-choice or sauteed mushrooms, sauteed spinach, Impossible™ kofta, and baked tomato*

**Signature Avo Toast (VG)(GF)** 19  
*Smashed avocado, in-house spices, sourdough toast, sous vide egg or sauteed mushrooms (v)*

\*change to scrambled eggs +2

**Truffle Scrambled Eggs and Smoked Salmon Toast (GF)** 23  
*Scrambled eggs, truffle oil, black caviar, smoked salmon, sourdough toast*

**Steak and Eggs (GF)** 25  
*200g grassfed striploin with scrambled eggs or sunnyside ups*

**Grandma Lee Chicken Congee** 13  
*Slowcooked congee, diced soy sauce sous-vide chicken, scallions, egg and dough fritter*

**Madame's Truffled Egg Croissant** 19  
*Scrambled eggs, emmental cheese, bechamel, croissant, black truffles*

**Housemade Swiss Rosti (V)** 19  
*Swiss rosti, parmesan cheese, butter, made from scratch by our kitchen crew served with your choice of protein and kombu sour cream (15 minutes wait)*

Choose your protein:

- Smoked Salmon
- Pork or Lamb Bratswurst +2
- Impossible™ Patty (V) +2

### AMPLIFY YOUR BREAKFAST :

- |                               |                                   |
|-------------------------------|-----------------------------------|
| • Eggs-of-your-choice +4      | • Housemade Bacon +7              |
| • Sauteed Baby Spinach (V) +6 | • Bratwurst Sausage +7            |
| • Sauteed Mushrooms (V) +4    | • Impossible Patty (V) +8         |
| • Smoked Salmon +8            | • Smashed Avocados (V) +7         |
|                               | • Gluten Free Bread (2 slices) +5 |

## starters.

Available all day.

**Tofu Tempe Fries (V)** 12  
*Fried tofu and tempe fritters served with in-house dips*

**Mid Wings w/ Thai Sweet Chilli** 13  
*In-house baked mid wings, sweet chilli glaze, garlic crumb*

**Truffle Kombu Fries (V)** 15  
*Truffle, shoestring fries, kombu, parmesan*

**Taiwanese Chicken Bites** 15  
*Marinated chicken thigh, homemade batter, spice seasoning*

★ **Lobster Bisque** 15  
*Lobster bisque, milk foam, parsley oil*

## mains.

Available from 11am - closing

**Spicy Chicken Arrabiata Penne (GF)** 18  
*Spicy homemade tomato sauce, boneless chicken leg, penne, cheese*  
\*gluten-free option available +2

**Truffle Mushroom Pasta (V)(GF)** 21  
*Sliced truffles, mushrooms, cream, sous vide egg, penne*  
\*gluten-free option available +2

**Signature Crabmeat Aglio Olio (GF)** 23  
*Crab meat, penne, sundried tomatoes, olive oil, garlic, chilli*  
\*gluten-free option available +2

### Make it Vegetarian or Plant-Based!

*Impossible™ kofta, penne, kombu, lemon zest, olive oil, garlic, bird's eye chilli*

**Uncle Matt's Beef Bowl** 25  
*Sous vide steak, truffle oyster dressing, sous vide egg, tsukemono, japanese rice*

**Ritual 'Butter Chicken' Cauliflower Rice (VG)** 21  
*Homemade masala sauce, soy cream, vegan margarine, spices, 'Chicken' balls made from omni meats, cauliflower 'rice' - this dish is 100% Plant-based, dairy-free, keto-friendly*

★ **Spicy Chicken Bulgogi Omu Rice** 21  
*gochuchang, scrambled eggs, sesame oil, honey, grated apple purée, onion purée, bay salt*

**Ritual Protein Bowl (VG)(GF)** 25  
Choose your base:  
a) Quinoa Kale b) Mixed Salad

Choose your protein:

- |                                   |                            |
|-----------------------------------|----------------------------|
| • Smoked Duck                     | • Smashed Avocados (V)     |
| • Boneless Chicken Leg            | • Sauteed Baby Spinach (V) |
| • Pan-seared Salmon 200g          | • Sauteed Mushrooms (V)    |
| • Pan-seared Striploin Steak 200g |                            |
| • Impossible™ Patty (V)           |                            |

ADD EXTRAS : +5

★ **Barramundi w/ Homemade Sambal** 28  
*Housemade sambal, pan seared barramundi, sunny side up, calamansi, shallot, with choice of: japanese rice or turmeric cauliflower rice (keto-friendly)*

stay in touch via Instagram: @theritual.sg

★ **Specials**  
(V) Vegetarian Option  
(VG) Vegan Option  
(GF) Gluten-Free Option



# the ritual begins...

## waffles.

Available all day.

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<b>Belgium Chocolate &amp; Berries</b>	15
<i>Buttermilk belgium waffle w/ chocolate gelato, berries compote</i>	
<b>Salted Caramel &amp; Banana</b>	15
<i>Buttermilk belgium waffle w/ vanilla gelato, bananas</i>	
<b>Vanilla &amp; Strawberries</b>	15
<i>Buttermilk belgium waffle w/ vanilla gelato, strawberries</i>	
<b>Smoked Salmon and Eggs</b>	22
<i>Buttermilk belgium waffle w/ smoked salmon and eggs</i>	

## custom orders

Available when you ask.

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<b>Bakes</b>
<i>Limited stocks in house, pre-order in advance for maximum freshness</i>
• Classic Sourdough (500g / 1kg)      8   16

## desserts.

Available all day.

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<b>Brownie and Gelato</b>	12
<i>Fudge brownie w/ chocolate or vanilla gelato</i>	
<b>Ritual Basque Cheesecake (GF)</b>	9
<i>Australian cream cheese, heavy cream, eggs, vanilla</i>	
<b>Homemade Classic Tiramisu</b>	18
<i>Mascarpone, espresso, rum, italian ladyfingers, cocoa</i>	
<i>Serves up to 2 pax</i>	
<b>Assorted Housemade Cakes</b>	Frm 8
<i>Check out display counter</i>	

### Caring For You – Through Little Rituals

*Using the natural flavouring of herbs and spices, we create healthier recipes that retains its tastiness.*

*We use only Himalayan Salt, raw sugar and vegetable oils in most of our dishes. No MSG and preservatives.*

*We try to make everything from dips, sauces, pastries from scratch to ensure our guests get only the best.*

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# the ritual begins...

## specialty coffee.

Available all day.

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	H   C
Babycino	3   -
Espresso / Piccolo	4   -
Long Black	5   6
Flat White / Cappucino / Latte	6   7
Chai / Matcha Latte	6   7
Organic Cocoa	6   7
Flavoured Latte	7   8
· Salted Caramel	
· Dark Chocolate Mocha	
· Mint Mojito	
· Hazelnut	

### MODIFY YOUR COFFEE :

- Extra Shot +1
- Oat/Soy/Almond +1

## cold brews.

Available all day.

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Classic Black Beauty <i>(Black Cold Brew)</i>	7
White Potion <i>(Cold Brew with Milk)</i>	7.5
Oat One Out <i>(Cold Brew with Oat Milk)</i>	7.5
Rose & Honey <i>(Rose Infused Cold Brew with Honey)</i>	7.5

## cold pressed juices.

Available all day.

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Immunity <i>Ginger, carrots, oranges, celery.</i>	9
Detox <i>Green apples, celery, cucumber, kale, and ginger</i>	9
Energise <i>Pineapple, pear, ginger, mint</i>	9

## kombucha.

Available all day.

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Pineapple & Peach	9
Passionfruit	9

## specialty teas.

Available all day.

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	H   C
Red Milk Tea	8   7
Earl Grey Milk Tea	8   7
Honey Rose / Rose Milk Tea	8   7
Herbal Teas	8   -
· Organic German Camomile	
· Organic Peppermint	
· Organic Detox Blend	
· Organic Japanese Green Tea	
· Organic Lemon Ginger	

## smoothies.

Available all day.

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Banana Oats (V) <i>Oats, oat milk, banana, ice</i>	9
Wild Berry (V) <i>Mixed berries, honey, oat milk, ice</i>	9
Avocado (V) <i>Avocado, oat milk, honey, ice</i>	9
Banana Choco (V) <i>Banana, cocoa, oat milk, honey, ice</i>	9

### MODIFY YOUR SMOOTHIE

- Protein Powder (30g) +1

## fruit sodas

Available all day.

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Yuzu Soda	7
Peach Soda	7
Lemonade	7

## juices & artisan water.

Available all day.

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Orange / Apple Juice	7.5
Evian Mineral Water (Glass Bottle)	7
Sparkling Water (330ml)	7

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# the ritual begins...

## specialty wines.

Available all day.

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Cloudy Bay Sauvignon Blanc 2018 15 | 70

*Lifted aromas of ripe stonefruit and juicy citrus with underlying notes of blackcurrant leaf and tomato plant spice with zesty citrus flavours and fresh acidity.*

Margaret River Cape Mentelle Shiraz 18 | 80  
Australia

*The palate is rich and juicy displaying satsuma plum and ripe black forest berry fruits of mulberry and blackberry overlaying cured charcuterie and smoked pink peppercorn.*

## craft beer.

Available all day.

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Bottle

Erdinger Weissbrau Weissbier 14

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